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HOPING TO DODGE DEMOLITION

Rene Dumont, chairman of the Save Our Connaught Heritage group, stands in front of the 101-year-old Connaught School on Wednesday. Save Our Connaught Heritage is looking at legal options in what appears to be a last-ditch effort to save the Cathedral area building from the wrecking ball. See story, page 2. ALYSSA MCDONALD/METRO

Rae calls it a day

MP and former Liberal interim leader Bob Rae resigns to focus on his role as a First Nations negotiator PAGE 4

Talk about school daze

A Canadian university study says high school seniors are at risk for chronic diseases PAGE 4

Go classic, gentlemen

Our list of must-haves for men will never go out of style, and they won't bust your wallet either PAGE 11

Auditor denied access to young offender files

Annual report out.
Lysyk's office wanted to review effectiveness of Justice Ministry's rehabilitation programs

Saskatchewan's corrections minister says the provincial auditor can get a court order if she wants information the government denied her on young offenders.

Auditor Bonnie Lysyk's office planned to do a review of how the Justice Ministry tries to rehabilitate young people convicted of crimes.

Federal law restricts access to young offender files unless there is a court order or an order-in-council from cabinet.

But the provincial cabinet wouldn't grant access to Lysyk, who is an independent officer of the legislative assembly.

"What would have been important for us to look at here is to determine whether the programs that they've put in place for youth offenders are programs that are achieving positive outcomes," Lysyk said Wednesday after releasing her annual report. "I think by us not doing that audit, we don't have the answer to that until at least the ministry puts out that information publicly."

Lysyk believes an audit is important because Saskatchewan has the highest youth crime rate in Canada at more than three times the national average.

She says she wasn't given a specific reason as to why she was denied access to youth files.

"To be fair, there is another way that we could get access and that's going to a youth court and asking for access. But you know my view on this is that it shouldn't be that hard."

Corrections Minister Christine Tell said access to young offender files is only for people who deliver young offender programming.

Tell said cabinet discussed the issue at length and decided to leave it up to the courts.

"Most of you are aware of the fact that young offender information is separate and apart from adult information, so it's extremely protected under legislation, a separate piece of legislation," Tell said.

"In order to give the auditor access ... we felt it was in the best interest of society and the people of Saskatchewan that this access be granted through a court order."

"This isn't about what the auditor would or wouldn't do with the information. It really has nothing to do with that."

THE CANADIAN PRESS

Numbers breakdown

The auditor's report notes that the Ministry of Justice spent $52 million on young offender correctional services in 2011-12 to work with 4,400 young offenders who were given community sentences and 500 youth who were admitted into custody.

NEWS 1

Alta. a dark spot on province's migration, population outlook

On the move. During the first quarter of this year, Saskatchewan saw net migration gains from every province in Canada except one

ROSS ROMANIUK
ross.romaniuk@metronews.ca

It's the one dark spot in Saskatchewan's overall bright outlook in its population trends — the oil in Alberta that fuels that province's economy and keeps many people here moving west.

During the first quarter of this year, Saskatchewan saw net migration gains from every province in Canada. Except one.

And the net loss of people to Alberta — 2,766 leaving while 2,192 moved here from that province — was enough to saddle Saskatchewan with a net drop in migration for all provinces combined.

"There's a little bit of an out migration to Alberta, clearly," Economy Minister Bill Boyd said on Wednesday after the latest Statistics Canada figures were released by the Saskatchewan government.

"There will always be some times when we see a little bit more going one way or the other."

Perhaps more alarming for Saskatchewan, though, is a complete reversal in migration from the same three-month period a year ago. In the first quarter of 2012, Saskatchewan had, in total, 327 more people move in from all other parts of Canada than the number of those who left. This year saw the province with the overall out-migration of 339, largely because of the continuing lure of Alberta.

Steve McLellan, CEO of the Saskatchewan Chamber of Commerce, points out that Alberta "is in a class by itself, nationally and almost globally" because of "the sheer magnitude" of its economy and its other draws such as mountains, skiing and other related forms of recreation.

"It's attracting more international immigration than some countries," McLellan said of Alberta, where the population of nearly four million is close to four times that of Saskatchewan's population.

Steve McLellan, Regina-based CEO of the Saskatchewan Chamber of Commerce, says the Alberta migration trend isn't cause for widespread concern. ROSS ROMANIUK/METRO

"I suspect we will continue to see Saskatchewan people moving there, and unfortunately, on a net basis."

McLellan pointed out, however, that Saskatchewan has experienced steady, sustainable growth since 2006 while legions of former Alberta residents, originally from Saskatchewan, have moved back to raise families.

"It's the story of the Alberta half-ton, with the Saskatchewan licence plate," he said. "They've made some money there, they've got a bit of life and career experience, and now they're coming back to all parts of Saskatchewan. And they're coming back in their 20s and 30s."

The latest trend with respect to Alberta is "alarming," he added, "but not enough that we're going to say the sky is falling. There's no Chicken Little in any of this."

Man charged in bomb threat to auto dealership

City police respond to Capital Ford on north Pasqua Street following a bomb threat on Tuesday. ROSS ROMANIUK/METRO

A 22-year-old man has been charged in relation to a bomb threat to a Regina automobile dealership on Tuesday.

Jonas Daniel Peter of Regina has been charged with mischief under $5,000 for allegedly making the prank bomb threat to Capital Ford, prompting the building to be evacuated and searched.

City police, with several vehicles and a member of an explosives unit, arrived at the north Pasqua Street business at about 1:50 p.m. After an investigation, officers found the threat to be unfounded.

Police believe that Peter, who they say is an acquaintance of a staff member there, made the threat in order to interrupt the dealership's business day. According to Peter's Facebook page, he was employed by Capital Ford from March 2010 to August 2010, though police did not confirm that.

"I just know that they are acquaintances," Kaeli Decelles, spokeswoman with the Regina Police Service, said on Wednesday.

Capital Ford's employees were back at work at 2:05 p.m.

Peter will make a court appearance on July 18 at 9:30 a.m.

Regina police are using the incident as a reminder to the public that such threats are serious and can lead to criminal charges.

"I can't remember the last time we had a bomb threat that ended in charges," Decelles said.

"Sometimes you need to remind people you are responsible for what you say."

ALYSSA MCDONALD/METRO

Demolition

Save Our Connaught group vows to keep fighting

A community group is looking for further alternatives to save the historic Connaught School from demolition, after being shut down by the Regina Public School Board (RPSB) at a meeting on Tuesday.

Rene Dumont, chairman of Save Our Connaught Heritage, says the group is looking at its legal options after its request to work with the board, as well as to have its own specialists examine the 101-year-old building, were denied.

"There are ways to squash motions," Dumont, also the outgoing chairman of the Ecole Connaught School Community Council, said on Wednesday.

"We were trying to work in co-operation with the school board … and now we have to find some other legal way to allow us access to the school."

Save Our Connaught Heritage, which was created after board trustees voted in February to replace the school at 13th Avenue and Elphinstone Street, said it has raised several thousand dollars to get a heritage specialist to non-invasively reassess the building this summer.

"It would be definitive — either one way or the other," said Dumont. "So what are they trying to hide? I'd like to know what they are scared of."

The group questions whether the board's plan to replace the school is the only option available, but RPSB chairwoman Katherine Gagne says due diligence was completed in the decision process.

"That was done," Gagne said on Wednesday. "There was confidence on the board that they had enough information to lead them to the decision that a rebuild was necessary."

Save Our Connaught Heritage also asked for support from the RPSB and from the Ministry of Education in designating the structure as a heritage site, which would offer protection and money for heritage grants.

However, that request was postponed until a later meeting as Gagne said they need more information on the implications of the designation.

ALYSSA MCDONALD/METRO

Lost bell of Batoche could return: Elder

Missing for two decades. But Métis leader says stolen relic from Riel era is 'tarnished'

A significant piece of Canadian Métis history could soon be returned to public view after disappearing more than 20 years ago.

But a senior Métis leader is not excited that the bell of Batoche may finally be brought back to its home in Saskatchewan.

David Chartrand, president of the Manitoba Métis Federation, says the significance of the bell has been tarnished by those who have held it for the past two decades and tried to sell it to the highest bidder.

"Getting the bell back, what does that mean after it was stolen by thieves and they sold it for us to get it back? It's really lost its real meaning," Chartrand said.

The bell of Batoche hung in the Saskatchewan community of the same name when the Métis were defeated during the Northwest Rebellion in 1885. Federal troops climbed the bell tower, removed the trophy and took it east.

It found a home in a fire-hall bell tower in Millbrook, Ont., until the building burned to the ground. The bell was cracked in the flames. It eventually made its way to the Millbrook Royal Canadian Legion hall where it was displayed.

That was until 1991, when the legion was broken into and the bell removed. It hasn't been seen in public since. Cast as Robin Hood figures by some, its holders have never been revealed.

Now a Manitoba Métis group is hinting it has plans to return the bell to the public.

Elder Guy Savoie with the Union nationale métisse Saint-Joseph du Manitoba said his group will talk about the fate of the bell at an event in Winnipeg on Friday.

"We've got an announcement prepared as to the bell, what's going to happen to it and where it's going to go," Savoie said, adding that the group has been negotiating with the bell's keeper for a long time. "He's disposed to return the bell and this is what the announcement is."

THE CANADIAN PRESS

Ringing denouncement

"It's about the money. It wasn't about our people. They've taken that poor bell and tainted it with such thievery."

David Chartrand, president of the Manitoba Métis Federation

The bell of Batoche was seized in 1885 during the Northwest Rebellion and taken east by federal troops. It could soon be brought home to Saskatchewan. THE CANADIAN PRESS/HANDOUT/LA LIBERT, HEBDOMADAIRE FRANCOPHONE DU MANITOBA

Shorter, stronger messages key to police rebranding

This long-standing emblem on Regina police vehicles is being phased out in favour of a new coat of arms. ROSS ROMANIUK/METRO}

Less, they say, can often be more.

And Regina police have found some much shorter — and seemingly more effective — ways to make strong statements about their role in the community.

After using its most recent mission, vision and values statements for only two years, the force is effectively scrapping them in favour of words that get much more to the point.

"Sometimes the real chore is trying to find a simple and direct way to say what you mean and what you stand for," Elizabeth Popowich, spokeswoman for the Regina Police Service, said Wednesday. "Surprisingly, that takes lots of effort."

The police service is, for starters, doing away with a mouthful of a mission statement that uses a couple of dozen words to explain what only three words can accomplish.

The new mission statement is: "Public service first."

For the RPS's vision, it's using: "Working together to keep Regina safe." And for values, it now has "respectful," "professional" and "service."

Introduced on Wednesday, the new statements are much easier to remember, for the public, and for the RPS brass and officers themselves.

"It's difficult to tell the public what you do, if you can't recite for yourself the things that you value," Popowich said of what she described as "long, cumbersome" statements in an RPS strategic plan launched two years ago.

"It was hard for any member of the public to connect with it, and hard for our own members to just say, in very short declarative phrases, what we stand for."

The change is a step in a wider RPS rebranding that began last year. That includes the force's coat of arms as a new corporate logo, and changes to vehicle decals, uniform patches and business cards, among other things.

ROSS ROMANIUK/METRO

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Liberal Leader Justin Trudeau, right, walks with Bob Rae after a press conference on Wednesday on Parliament Hill, where Rae announced his resignation. SEAN KILPATRICK/THE CANADIAN PRESS

Bob Rae leaves politics to focus on new role

MP resignation. Former Liberal leader to negotiate for First Nations in Ring of Fire mining development

Bob Rae, a fixture on Canada's political scene for more than three decades, is giving up his seat in the House of Commons to devote himself to work on behalf of First Nations in northern Ontario.

Rae said he is leaving politics so he can focus on his new role as chief negotiator for First Nations in talks with the province about development of the Ring of Fire mining development in northern Ontario.

"This is going to be a major undertaking," an emotional Rae told a surprise news conference Wednesday in the foyer of the House of Commons.

"It's clear to me that it will take a lot more time and it simply isn't possible to do both jobs at the same time."

The 64-year-old Rae's unexpected announcement caps a political career that has spanned 35 years and two parties. It came after he privately broke the news to the Liberal caucus in what he described as a difficult moment.

"I have a passion for my work as a negotiator and for First Nations," Rae said. "When you make a difficult choice, you show your emotions."

Rae began in politics as a New Democrat and later shifted to the federal Liberals, even seeking the party leadership at one point.

He was first elected to the Commons in a 1978 byelection, but moved to Ontario provincial politics four years later, when he became provincial NDP leader and later served as premier.

In 2006, having joined the Liberals, he unsuccessfully sought the party leadership, but won a seat in the Commons in 2008, becoming interim leader after Michael Ignatieff lost his seat in the 2011 election.

THE CANADIAN PRESS

Parting words

"I have a lot of passion for Canadian politics. It's been a very difficult decision ... and quite an emotional one for me."

Bob Rae, on his resignation.

Rae days, from top: His resignation as MP Wednesday; as Ontario premier in 1990; as Ontario NDP leader in 1985. THE CANADIAN PRESS

High school could be bad for your health

High school may improve students' minds, but it does the opposite for their bodies.

A new study from the University of Waterloo suggests Canadian students in Grade 12 are in worse health than their younger high-school peers.

The research, published in the latest issue of the journal BMC Public Health, found that by the time students reach senior year, they're at a significantly increased risk for chronic diseases such as diabetes and lung cancer.

It shows that over four years of high school, the number of smokers went up 170 per cent, binge drinking jumped 167 per cent and marijuana use rose by 124 per cent.

What's more, the vast majority of students — more than 89 per cent — didn't meet Health Canada's guidelines for minimum physical activity and barely seven per cent reported eating enough fruit and vegetables.

The study's co-author, Scott Leatherdale, says the fact that large proportions of graduating students fail to meet the most basic healthy living recommendations is cause for concern.

Having even one of the risk factors measured can increase the likelihood of disease, and by Grade 12, the average student shows three, he said.

Students in higher grades appear to be at the greatest risk, he added.

"The only way to avoid a large future burden of preventable disease is to develop more integrated and real-world models of intervention in Canadian high schools," he said in a statement.

THE CANADIAN PRESS

One Canadian study finds students in senior grades are at a higher risk for chronic diseases such as diabetes and lung cancer. ISTOCK IMAGES

About the study

- The study used data collected from more than 31,000 high school students in nine provinces who filled out the substance use section of the 2010-11 Canadian Youth Smoking Survey.
- The national school-based survey is funded by Health Canada and co-ordinated by the University of Waterloo.

Summer break

House adjourns early after bitter spring sitting

Prime Minister Stephen Harper has returned from his European trip but he won't have to endure another grilling in the House of Commons for a while.

All parties agreed late Tuesday night to end the most bitter spring sitting of Parliament since Harper's Conservatives came to power more than seven years ago.

They packed it in a few days early after almost a month of late-night sittings. Proceedings had devolved into acrimonious mud-slinging.

The government remains under a potentially criminal cloud over a $90,000 cheque provided by the Prime Minister's chief of staff to pay off the improper housing expense claims of Senator Mike Duffy. THE CANADIAN PRESS

Corruption charges

Montreal will get its new, new mayor Tuesday

Montreal will have its next interim mayor — the third mayor in less than a year — early next week.

The city clerk's office has announced a vote will be held during a special meeting of council next Tuesday.

A handful of councillors have been named as potential successors to Michael Applebaum, who stepped down as interim mayor after being arrested on corruption-related charges.

For now, the city's pro-mayor will be acting mayor until next week's vote. Councillors will have until Friday afternoon to put forth their candidacy, with a vote to come after the long holiday weekend.

The next municipal vote is scheduled for November.

THE CANADIAN PRESS

Seeking asylum

NSA leaker reaching out to Iceland?

A WikiLeaks spokesman who claims to represent Edward Snowden has reached out to government officials in Iceland about the possibility of the NSA leaker applying for asylum in the Nordic country, officials there said Wednesday.

Johannes Skulason, an Icelandic government official, said WikiLeaks spokesman Kristinn Hrafnsson had held informal talks with assistants at the Interior Ministry and the prime minister's office.

Snowden, who used to live in Hawaii, initially fled to Hong Kong and is now in hiding. It's not clear if Iceland could protect a leaker like Snowden from U.S. demands for his return.

THE ASSOCIATED PRESS

Brazilian Rioters wreak havoc in protest over poor services

Riot police aim their weapons at protesters gathering near Castelao stadium in Fortaleza, Brazil, on Wednesday. Protesters cut off the main access road to the stadium where Brazil played Mexico in the Confederations Cup on Wednesday afternoon. Scattered street demonstrations popped up around Brazil as protesters decried the low-quality public services they receive in exchange for high taxes and rising prices. Leaders in Brazil's two biggest cities said they have reversed an increase in bus and subway fares that ignited outrage across the nation. ANDRE PENNER/THE ASSOCIATED PRESS

Serena Williams backtracks on rape comment

Unforced error. Tennis star reaches out to Steubenville victim after 'hurtful' remarks

Serena Williams is apologizing for a Rolling Stone article that quoted her blaming the 16-year-old rape victim in a high-profile case in Steubenville, Ohio.

"She shouldn't have put herself in that position," she is quoted as saying in the profile, in an upcoming edition.

She made the comments to the reporter after seeing coverage of the case flash on television while getting a manicure.

"They did something stupid, but I don't know. I'm not blaming the girl, but if you're a 16-year-old and you're drunk like that, your parents should teach you: Don't take drinks from other people. She's 16, why was she that drunk where she doesn't remember? It could have been much worse. She's lucky," Williams said.

Williams, ranked No. 1 in the world in women's tennis, said she was reaching out to the girl's family to apologize.

TORSTAR NEWS SERVICE

A week from Wimbledon

"I am deeply sorry for what was written in the Rolling Stone article. What was written — what I supposedly said — is insensitive and hurtful, and I by no means would say or insinuate that she was at all to blame." Serena Williams

Southwest France. Floods foil miracle-seeking pilgrimage in Lourdes

Heavy floods in southwest France have forced the closure of the Catholic pilgrimage site in Lourdes and the evacuation of pilgrims from nearby hotels.

Muddy floodwaters swirled Wednesday in the grotto where nearly 6 million believers from around the world, many gravely ill, come every year seeking miracles and healing. It has been a major pilgrimage site since a French girl's vision of the Virgin Mary there in 1858.

Lourdes Mayor Jean-Pierre Artiganave said on BFM television that the pilgrimage complex in the foothills of the Pyrenees will not reopen until safety can be assured. Diocese spokesman Mathias Terrier said that wasn't likely before the end of the week.

Rescue services evacuated hundreds of people from nearby hotels. Authorities were particularly concerned with bringing weak and sick pilgrims to safety.

THE ASSOCIATED PRESS

Ashley Smith. Inmate's strangulations not always dangerous, inquest hears

Senior managers agreed that intervening every time a teen inmate tied a ligature around her neck was unnecessary because she was not always in immediate danger, an inquest into her death heard on Wednesday.

Michelle Bridgen, a middle manager at the Grand Valley Institution in Kitchener, Ont., said it was the warden and deputy warden who decided essentially that guards should intervene only if Ashley Smith risked imminent death.

"When she had a ligature, sometimes it was not tied tightly around her neck," Bridgen testified.

"Sometimes she would even tie it in a bow around her neck and put her fingers through it and say, 'See, it's not tight.'"

The choice became whether guards should frighten Smith by rushing into her segregation cell to retrieve the ligature or "empower" the inmate by allowing her to give it up without force, Bridgen said.

Still, the ligature tying never became part of Smith's written "management plan," the blueprint for how guards were to deal with her.

The issue of what guards were ordered to do when Smith was seen to be strangling herself is one of the crucial questions at the inquest into her death. THE CANADIAN PRESS

Michelle Bridgen, a correctional manager, is seen outside the Ashley Smith inquest in Toronto on Wednesday. Bridgen was suspended for 10 days for her role in Smith's death in October 2007. COLIN PERKEL/THE CANADIAN PRESS

Un-bundling

Alaskans not so hot on weather

A heat wave hitting Alaska may not rival the blazing heat of Phoenix or Las Vegas, but to residents of the northernmost U.S. state, the days of hot weather feel like a stifling oven. With temperatures topping 26 C in Anchorage, and higher in other parts, people have been sweltering in a place where few have air conditioning. THE ASSOCIATED PRESS

Myanmar

Women jailed for inciting violence

A court in Myanmar has found two Muslim women guilty of sparking a recent outbreak of sectarian violence, one of them by bumping into a Buddhist novice monk. Myint Thein of the pro-government National Unity Party, who attended their trial, said Wednesday the two women were convicted of "insulting religion." THE ASSOCIATED PRESS

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This is the illustration that appeared on the crowdfunding website Indiegogo for the Crackstarter campaign, started by Gawker, which aimed to raise enough money to buy a video that allegedly shows Toronto Mayor Rob Ford smoking crack. The crowdfunding goal was surpassed with $201,204 raised. SCREENGRAB/INDIEGOGO.COM

Indiegogo defends Crackstarter campaign

Crowdfunding. Website co-founder says effort to raise money for alleged crack video was about giving power to people

A campaign that raised $200,000 to purchase an alleged video appearing to show Toronto Mayor Rob Ford smoking crack was a "beautiful example" of the fundraising power of the Internet, says the website that hosted the controversial crusade.

"That campaign really just speaks to what crowdfunding is about, which is giving the power to people to decide what matters to them and to fund what matters to them," said Danae Ringelmann, co-founder of crowdfunding site Indiegogo.

The video fundraising campaign was launched by Gawker, a U.S. site whose editor John Cook claimed he'd watched the video, which was being shopped around for $200,000 by drug dealers. Ford has said the alleged video does not exist and that he does not use crack cocaine. THE CANADIAN PRESS

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Retail. Loblaw tests new smaller discount grocery store format in Calgary

Canada's largest grocer is trying out a new discount small-store format in a bid to attract more customers in urban areas. Loblaw Cos. Ltd. said it opened the new 10,000-square-foot store a few weeks ago in Calgary.

The location, named Box by No Frills, offers "hard discounts and an everyday low price" on groceries and other merchandise, Sarah Davis, Loblaw's chief financial officer, said in a conference call Wednesday.

"We are trying that as a pilot to see, 'Is it something that we can infill in a lot of areas of Canada because it's only 10,000 square feet?'" she told investors from the company's Brampton, Ont., headquarters.

Loblaw's discount chain of stores, No Frills, are typically 25,000 square feet. The company also operates a number of other banners, including Real Canadian Superstore, which has a large format and wide range of general merchandise in addition to groceries.

A logo for Box by No Frills. CONTRIBUTED/THE CANADIAN PRESS

The new Box format is being tested as the company creates one of Canada's largest commercial real estate trusts with its grocery property assets, and prepares for stiffer competition from Target, Walmart Canada and Sobey's, which recently announced a $5.8-billion deal to buy Safeway Inc. in Western Canada.

Davis said if the small-box format is successful, the grocery chain will buy new property to develop into more locations under the Box banner. THE CANADIAN PRESS

Super sermon. Warner Bros. tries to promote Man of Steel from the pulpit

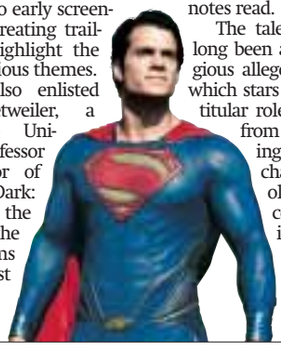
Seems Warner Bros. has taken movie marketing to a whole new level — even higher than a bird or a plane.

The studio enlisted Christian-focused firm Grace Hill Media to promote Man of Steel to faith-based groups by inviting them to early screenings and creating trailers that highlight the film's religious themes.

They also enlisted Craig Detweiler, a Pepperdine University professor and author of Into the Dark: Seeing the Sacred in the Top Films of the 21st Century, to create a Superman-centric sermon outline for pastors titled Jesus: The Original Superhero.

"Let's consider how Superman's humble origins, his high calling and his transforming sacrifice point us towards Jesus, the original superhero," the notes read.

The tale of Superman has long been associated with religious allegories. Man of Steel, which stars Henry Cavill in the titular role, doesn't shy away from that theme, including portraying the character as 33 years old, having him seek counsel at a church in a time of crisis and forming a cross-like pose while floating in space. THE ASSOCIATED PRESS



Market Minute

DOLLAR 97.34¢ (-0.60¢)

Natural gas: $3.96 US (+6¢)
Dow Jones: 15,112.19 (-206.04)

TSX 12,268.29 (-99.17)

OIL $98.24 US (-20¢)

GOLD $1,374 US (+$7.10)

Milan

Dolce, Gabbana convicted of tax evasion

A Milan court has convicted the designers Domenico Dolce and Stefano Gabbana of tax evasion. They were found guilty of failing to declare about $273 million through a Luxembourg company to authorities and given a one-year-and-eight-months suspended jail sentence. They were ordered to pay a penalty of about $682,000 to tax authorities. THE ASSOCIATED PRESS

Broadcasting

Profits are up at commercial radio stations, CRTC says

The CRTC says profit margins improved at the country's commercial radio stations in 2012, as expenses shrunk and total revenue grew by 0.4 per cent from the previous year. The federal broadcast regulator said the 675 commercial radio stations operating in Canada earned revenue totalling $1.62 billion for the year ended Aug. 31, 2012. THE CANADIAN PRESS

Industry group

Mining association names its first female chair

Zoe Yujnovich, president and CEO of the Iron Ore Co. of Canada, has been named chair of the Mining Association of Canada, the association announced Wednesday. She is the first woman to hold the position in the association's 78-year history. THE CANADIAN PRESS

Consumer safety

Kolcraft recalls Jeep Liberty strollers

Kolcraft is recalling more than 96,000 Jeep Liberty strollers after at least 18 people were injured by tire blowouts, the Consumer Product Safety Commission said Wednesday. The government watchdog group said there have been 39 reports of inner tube ruptures that have caused the wheel rim to break off and become a projectile. THE CANADIAN PRESS

IT'S BEAN THE ONLY REMEDY

HE SAYS

John Mazerolle
metronews.ca

Damn you, Charles Darwin.

My back hurts all the time and its origin is you. If it weren't for evolution, I'd be on all fours, with my spine on the straight and narrow. Instead, I'm upright, crooked and twisted, all the weight of the world (and evolutionary history) on my lower back.

Or if the creationists are right, then God has a Robaxacet doll that he keeps sticking needles in.

But it's probably Darwin.

I would have been so much happier as a spineless, lower form of life, like a slug or a personal-injury lawyer. Instead I'm the guy at the far right of the March of Progress illustration, the one holding the small of his back and with a sound bubble that says %&$#?@!.

My injury is particularly pathetic. Not only was I not exerting myself in any way, I wasn't even doing something embarrassing like reaching for the remote or picking up a dropped Cheeto.

I was asleep.

I woke up, possibly from the sound of my back screaming at me, and suddenly my life was bags of frozen green beans, kneeling to look in the fridge, and attempting to put socks on without using my hands.

Back pain is the most ignoble of all injuries — too painful to be ignored, but not dramatic enough to be pitied.

There are no songs sung about heroes who suffered through lumbago, no Hollywood films where an ingenue dies because of a cruel twist of torso. Its place in popular culture is to show you how much of a buffoon a sitcom dad is — oh, his aching back!

Four out of five adults suffer occasional back pain — so all the dentists, if I understand statistics — which means you get no sympathy for your pain, only stories of much worse back pain, possibly due to the bigger fish they were reeling in that got away.

You can't even show it off, like a scar or a broken leg. It's completely hidden, beneath that frozen bag of green beans. (I find peas too uncomfortable.)

Long story compacted, I'll have to do something to fix it, lest I never twerk again.

What do the experts say I need?

- Good body mechanics: I didn't even know there were body mechanics. I assume you get on a lift of some sort for a few days while he/she checks you out and you're good to go? Of course, they'll find something else wrong and charge you for it, but that comes with the territory. "Your back's good, but we had to replace your duodenum. It was making weird noises."
- "Let your legs do the work": All the advice columns say this, but it doesn't work. I've left a bunch of stuff for them to do, yet my books remain unbalanced and my dishes remain unwashed. I think they're lazy.
- Neutral Pelvic Position: I bought their new album, but frankly they were better at Coachella.

As this list makes clear, it will be no time before I've gone from a young man whining through back pain to a young man who has come to understand he will always have back pain. Or as Darwin once put it: "%&$#?@!"

ZOOM

A little (tweeting) bird will tell you

SANG TAN/THE ASSOCIATED PRESS

Royal couple will be traditional and trendy with announcement

With Prince William and the Duchess of Cambridge expecting their first child in mid-July — and much of the world interested in the birth of a future monarch — the royals' office has released some of the couple's plans.

There will be a mix of tradition and new social media to announce the birth. Officials said a royal aide will emerge from the hospital with a signed bulletin on foolscap-sized paper carrying the Buckingham Palace letterhead. The bulletin will be given to an official who will be driven to the palace, where it will be posted on an easel in public view in front of the building.

At the same time, there will be an announcement on Twitter.

THE ASSOCIATED PRESS

Boy or girl?

- Royal officials can't say whether it's a boy or girl — and it's not because they are being coy, it's because Kate and William have not found out — and don't plan to.

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

With rumours swirling that Facebook is set to announce video for Instagram, avoiding videos of cats, cupcakes and concerts will be nearly impossible. So why fight the inevitable? Embrace the filtered vids and start posting your own. But in case the rumour mill doesn't produce, here are some video-sharing sites already on offer:

Socialcam:
One of the first video-sharing apps with filters — think of Socialcam as Instagram video's older brother (or would that be father?). Available for iPhone and Android.

Cinemagram:
Also has the options of adding filters, but with added tricks like adding masks, playing videos backwards, in slow mo or on high speed. Available for iPhone and Android.

Viddy:
Before Vine, there was Viddy. But while Vine gives users a six-second time limit, Viddy lets you record for up to 30. Available for iPhone and Android.

Twitter

@metropicks asked: According to Metro's Paul Sullivan, tipping should be optional. What do you think?

@Richard_Dew: Tipping IS optional. No gun to your head. Also optional for people to think you're a cheapskate for not tipping.

@FrenchmanCanada: I know a couple places where the "You didn't dip, next time I'll spit in your food" will never be optional.

@serpentina66: I'd rather see servers pd more than deciding a tip. Mgrs should b responsible for good servers; customers shouldn't pay more for expected service; it's awkward for cust to deny tips for poor service.

@instakrystal: I never feel obligated to tip. If you're a good server and earn it, you'll be rewarded. My tips are dependent on experience.

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:
Send us your comments: reginaletters@metronews.ca

metro

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SCENE 2

New board bringing fresh take on the Queen City Pride

LGBT. Parties continuing throughout the week with annual Pride parade, the White Party and culminating on Sunday with a community BBQ

BACKSTAGE PASS
Alyssa McDonald
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When Regina's LGBT community first marched up Albert Street 24 years ago, they had bags over their heads to protect their identity.

This is the historical reality Regina Pride chair Jesse Ireland referred to before raising the rainbow flag at the legislature on Monday.

The city's first Pride took place before the 22-year-old was even born. It is now he and a board of fresh faces who are organizing this years' Queen City Pride.

"It is still quite a young board as far as age goes and experience, but it's kind of exciting," said Ireland. "It's good to have sort of a fresh take on things…. as well as keeping true to some of the old favorite that we are used to having in the festival."

All eight members of the non-profit organizing board have been there for two years or less. Lisa Phillipson, one of the board members and secretary for Regina Pride Inc., said there was a huge learning curve last year and they could only pull off a handful of ideas they wanted to.

Regina Pride Inc. chair Jesse Ireland, left, and secretary Lisa Phillipson at the raising of the Pride flag on Monday.
ALYSSA MCDONALD/METRO

It still worked — and last years' celebration yielded a third more people than 2011.

Now they want to keep that momentum going.

"We ended up taking what we knew — and what we wanted to do last year — and revamping it to make it work to the best of its ability," said Phillipson.

"We did a lot of new and exciting things (last year) but we were not masters of our trade yet. So we had to kind of roll with the punches, and we learned from those punches and were able to organize better for this year."

These ideas include holding events outside of traditional pride venues, like the community fair taking place this afternoon at the Cornwall Centre and the All that Glitters Party at Gabbo's tonight.

"It's nice to branch out into more of the straight community," said Ireland. "To have support from the allies and from people outside of the community as well, and to sort of have greater exposure of who we are."

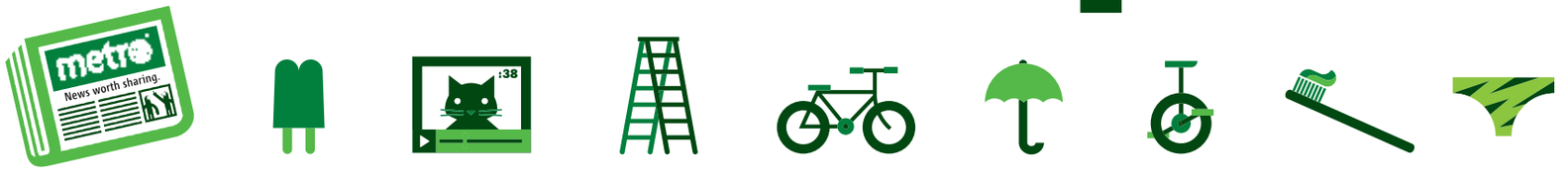
The board has been planning Pride for more than a year, and held fundraisers about once a month to support the celebration.

Since Pride started on Monday, there have been dance parties, an open mic night and art show.

Still to come is the annual White Party on Friday night, the Queen City Pride Parade and after festivities on Saturday afternoon, followed by a Pride Dance that evening. It all ends on Sunday with a community BBQ.

"We've really started trying to expand the festival and make it a bigger celebration than it ever has been in the past," said Ireland.

Sharability



METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

James Gandolfini ALL PHOTOS: GETTY IMAGES

Sopranos star James Gandolfini dies at 51

James Gandolfini, who won three Emmys for his role as Tony Soprano on HBO's The Sopranos, reportedly died in Italy Tuesday after suffering a heart attack, TMZ reports.

Gandolfini, who was 51, was in Italy to attend the 59th Taormina Film Festival in Sicily.

He first garnered fame playing a hitman in 1993's True Romance. But it was his role as the brash, troubled mob boss Tony Soprano that earned him legions of fans of the six-season HBO series.

Gandolfini is survived by his wife, Deborah Lin, who gave birth to the couple's daughter in October.

He has a teenage son from a previous marriage.

METRO NEW YORK

Katy Perry

Katy Perry can't stay away from the fireworks

For her first appearance on the cover of Vogue, Katy Perry isn't holding much back, especially about her split from ex-husband Russell Brand. "Let's just say I haven't heard from him since he texted me saying he was divorcing me December 31, 2011," she tells the magazine. As for why their marriage didn't work out? "I think a lot of times strong men do want an equal, but when they get that equal they're like, 'I can't handle it,'" she says. Perry also addresses her romance with John Mayer, quashing rumours they're together again. "It's over, I was madly in love with him. I still am madly in love with him," she says. "Beautiful mind, tortured soul. I do have to figure out why I am attracted to these broken birds."

The Word

Paula Deen revealed as racist jerk?

THE WORD
Dorothy Robinson
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The fearless National Enquirer claims to have unearthed a video of famed "chef" Paula Deen allegedly admitting to using the N-word as well as making a myriad of terrible racist jokes, aimed at African Americans and Jewish people.

The Enquirer claims Deen was filmed in a May 17 deposition to defend herself and her brother Bubba Hiers against a giant lawsuit filed by the former general manager of their Savannah, Ga., restaurant.

Metro has not seen the video, so we have no way of verifying its authenticity.

Lisa Jackson is suing the family for use of defamatory language by Deen and sexual harassment and infliction of distress and assault by Hiers.

The worst from the tape? The Inquirer alleges Deen admits to saying that she wanted "black waiters to play the role of slaves in a wedding party she was planning."

Deen also reportedly gave several examples of when she used the N-word and fesses up to making racist jokes about "Jewish people, rednecks, black folks... I can't determine what offends another person." Her defence is "they're jokes." Actually, no they aren't. Even in Georgia, those aren't jokes.

Miley Cyrus

Miley Cyrus says it's better to go green

Miley Cyrus isn't being shy when it comes to her opinions on drugs and alcohol. "I think alcohol is way more dangerous than marijuana — people can be mad at me for saying that, but I don't care. I've seen a lot of people spiral down with alcohol, but I've never seen that happen with weed," she tells Rolling Stone during an online Q&A. "As long as it isn't illegal, there are far more dangerous things. And it's legal in the state of California. So I'm happy to live in California, a place where you can be whoever you want to be."

Twitter

@mradamscott
I applaud this year's Bachelorette for being honest enough to behave as if she is in a nightmare.

@NiallOfficial
On the bus listening to the eagles! Converting the lads ! It's easy! Best band ever !

@ralphmacchio
Do not really understand Instagram. Feels like just another thing to manage. But giving it a whirl. And tweeps like the pic effects.

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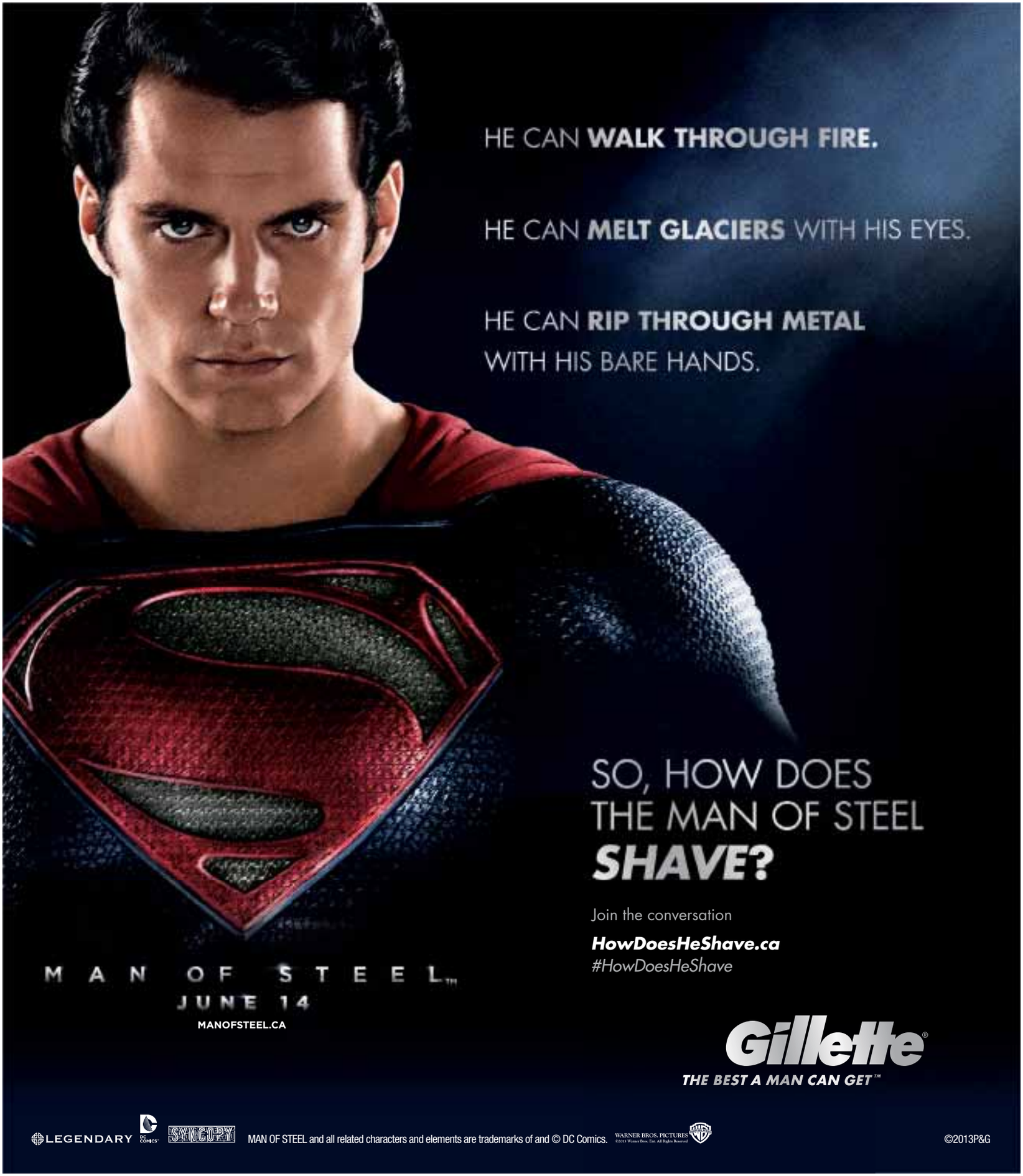
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HE CAN MELT GLACIERS WITH HIS EYES.
HE CAN RIP THROUGH METAL WITH HIS BARE HANDS.
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What a boy wants, what a boy needs

Usually, when magazines produce lists like this, the 'must-haves' are not always that accessible. So we've rounded up the best value versions of recession-proof classics that will never go out of style.

METRO WORLD NEWS

The shirt

Zara twill shirt
$60, zara.com

These looks are time-proof. GUERRE

The chino

Ben Sherman EC1 slim
$95, bensherman.com

The jeans

Edwin ED80- slim-fit jeans
$200, mrporter.com

The coat

Heritage navy cotton peacoat, $310
bananarepublic.gap canada.com

The knit

Linen crew neck,
$149.50, clubmonaco.ca

The desert boots

Clarks Originals suede desert boots
$140, clarkscanada.com

The shirt

Topman white scoop neck T-shirt
$14, topman.com

The brogue

Mr. B's Theatum,
$175, aldoshoes.com

Styling tip

All lace-ups are not the same. The Oxford is the dressier older brother to the more informal brogue. You need both in your arsenal.

The suit

J.Crew Ludlow jacket
$525,
J.Crew Ludlow trousers,
$265
jcrew.com

The Oxford

Mr. B's Paramonga,
$175, aldoshoes.com

ELLE 3

Going for chiseled, not rugged, good looks

We're seeing more unique, thoughtful takes on home furnishing basics. Say goodbye to 90-degree, square-edged designs and hello to multi-faceted, hand chiseled, angled designs that add casual structure to any room.

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Walking Bear Side Table

Take a walk on the wide side with a piece that doubles as a sculpture and side table. $3,430, Avenue-Road.com

Nolmyra chair by Jooyeon Lee

Incredibly light weight (just six pounds) and incorporating bentwood and mesh for a classic Scandinavia design. $39, IKEA.com

Sloped and Slanted Bookcase

Precisely-slanted shelves display your possessions while you appreciate them at a new angle. $1,500, Anthropologie.com

Stainless Steel Chiseled Tumbler

Insulated double-walled stainless cup keep drinks cold through the hot summer days. $23, StarbucksStore.ca

Sculpt table lamp

Lightweight fabric wrapped over a frame to create a modern glow. $75, EQ3.com

Warm Silver Leaf Quarry Accent Table

The perfect side table to help modernize a sitting area. $1,935, Barbara Barry for Baker, studioBhome.com

Saba Vase

Jewel tones of blues and green peek through the faceted cutwork of glass. $153, CrateAndBarrel.ca

Lane Way Homes in Harbour Landing *Prices Starting at* *$354,044*

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The Lyra

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5314 Whereatt Road
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The Orion

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5322 Whereatt Road
$386,377

The Pavo

1448 sq. ft.
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Swiffer WetJet Wood solution is designed to be safe and gentle on your finished wood floors, revealing its natural shine. With a dual-nozzle sprayer and a strong-grip pole, this bucket-less mopping system also features a scrubby strip for powering through tough dried-on messes.

*Do not use on unfinished wood, oiled or waxed wooden boards, non-sealed tiles or carpeted floors because they may be water sensitive.

FOR MORE INFORMATION VISIT SWIFFER.CA

NEW HOMES ARE WAITING FOR YOU

BUILT TO PERFECTION VIA WOLFERIDGE RURAL PROGRAM

XXXXPHOTO-CREDITXXXX

With Red Door Venture Group, you don't have to wait months or even a year for your home to be built — new homes are waiting for you.

Recently launched in Saskatchewan, Wolferidge Rural Program, a local Regina builder, is offering CSA-approved pre-built ready to move homes.

And the best part is that you can choose the home before you choose the location since these homes have the opportunity to be placed in various locations throughout southern Saskatchewan.

Perfectly sized for young families, singles, or couples, there are four fantastic models available — Athabasca, Greenwater, Blackstrap, and Cypress. These four practical floor plans range in size from 1,000 square feet to 1,300 square feet and feature two or three bedrooms.

Athabasca is the largest of the four — at 1,304 square feet — and features three bedrooms, one bath, and a master bedroom with a walk-in closet.

CREATE YOUR OWN DREAM CUSTOM HOME

Wolferidge Rural Program is pleased to introduce its sister company, Wolferidge Custom Homes. Are you thinking about a new home in the future? Want to build from the ground up to create your dream home?

Contact Wolferidge Custom Homes through Red Door Venture Group and the company will make sure you are taken care of, from start to finish.

Greenwater is the most well-rounded of all four in size and need, with three bedrooms, one bath and a large open kitchen with a walk-in pantry.

For the single individual, or the couple who may be looking to start a family, Blackstrap is the home for you. Featuring two bedrooms and one bath, this 1,040-square-foot home even has main floor laundry.

Cypress has everything you need if you are looking for something a little smaller without giving up on quality. This home is 1,120 square feet and has three bedrooms and one bath.

These homes are simple and built to perfection.

To inquire more about this exciting project hosted by Wolferidge Rural Program, visit RedDoorVentureGroup.com.

ALL THE REAL ESTATE TOOLS YOU WILL NEED

MONKEY BUSINESS IMAGES/VEER

Red Door Venture Group believes in Saskatchewan's economic potential.

Recognizing the boom in immigration and job opportunities, Red Door Venture Group is taking advantage of the vast amount of undeveloped land that is scattered throughout Saskatchewan.

"Red Door Venture Group is a multi-faceted marketing firm dedicated to real estate developers that are looking to make their mark in the booming province of Saskatchewan," says Jaimey Midtdal, spokesperson for The Red Door Venture Group.

"At Red Door Venture Group we have the tools and people needed to take care of the entire process, stress-free. We turn ideas into profit."

And now is the perfect time to start investing in Saskatchewan. Red Door Venture Group is committed to producing turn-key developments for clients from land acquisition to concept and design to sales.

"We have an easy, all-service system available to our clients," Midtdal says. "Whether you are a long-term Saskatchewan developer or a new developer interested in Saskatchewan, we are the ones to turn to."

When choosing to work with Red Door Venture Group, you are choosing a company that has your best interests in mind.

Red Door Venture Group takes great pride in the services it provides to its customers and treats each customer with respect by tailoring each interaction to meet their needs.

Red Door Venture Group provides customers with the most precise, concise, and consistent approach to business and stands by all its actions.

Confidentiality is an important core value to Red Door Venture Group and can be entrusted with your business.

For each transaction, from start to finish, Red Door Venture Group will become a member of the team to see your project through to fruition.

For more about Red Door Venture Group, or to schedule a complementary consultation, visit RedDoorVentureGroup.com.

SUMMER EVENTS

Located in the heart of Regina, Red Door Venture Group is excited for all the great city events taking place on its doorstep this summer.

Red Door Venture Group values the sense of community and is thrilled to see the city engaging its citizens and encouraging participation throughout the summer months.

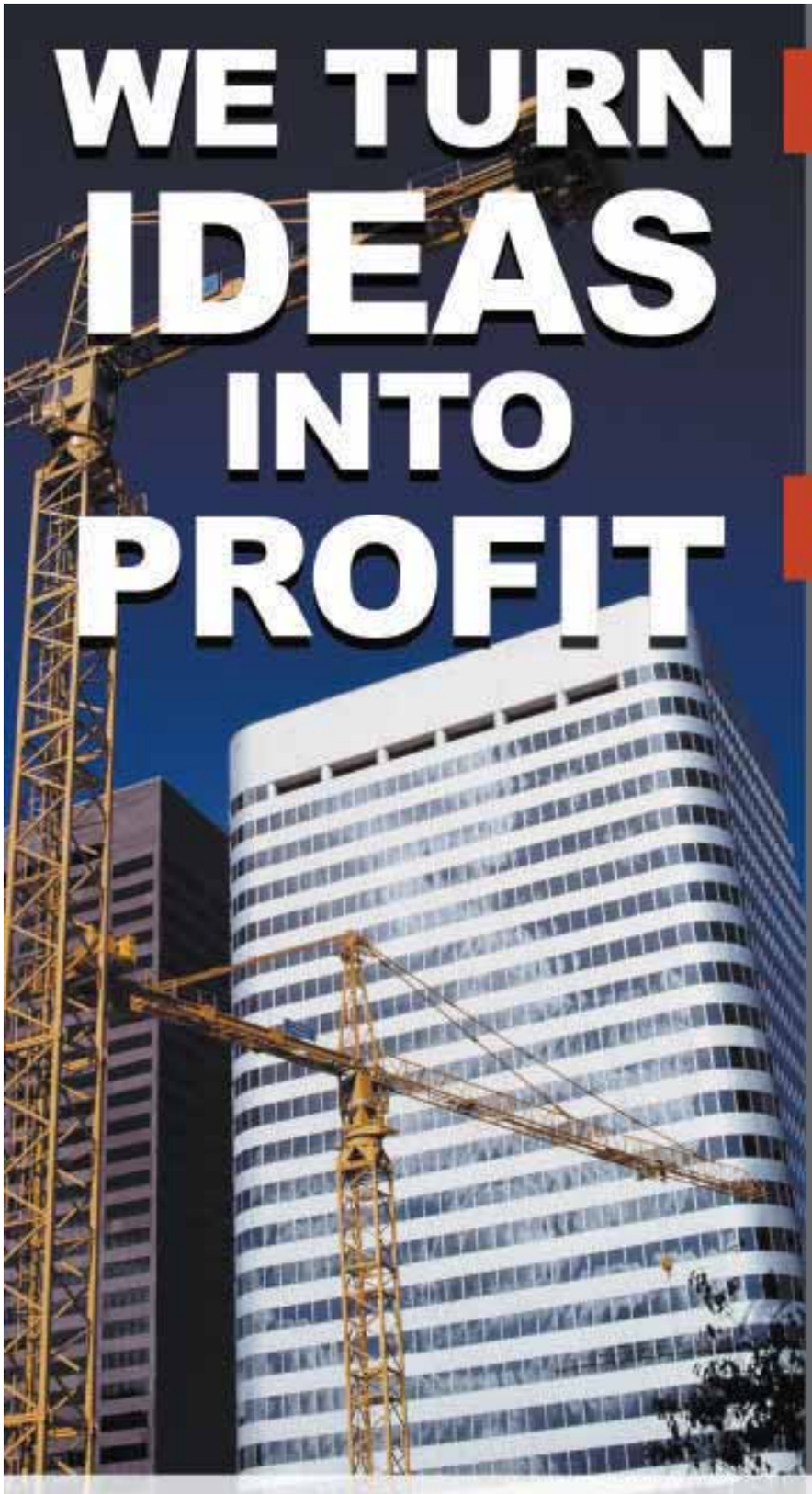
Downtown Regina will host a number of community events that will bring friends and families together, with something new taking place almost every day of the week.

On June 25, take part in Sports in the Park with Saskatchewan Sports Hall of Fame. This event will take place a number of times throughout the summer and participants can take part in a different activity each week.

From July 8 until Aug. 26, stretch out your lunch hour by stretching out with YogaFlow in Victoria Park.

For a full list of the events, visit reginadowntown.ca.

WE TURN IDEAS INTO PROFIT



WHO ARE WE?

Red Door Venture Group is a multi-faceted firm dedicated to real estate developers that are looking to make their mark in the booming province of Saskatchewan. Our commitment is to produce turn-key developments for clients from land acquisition to concept and design to sales. We have an easy all-service system available to our clients. Whether you are a long-term Saskatchewan developer or a new developer interested in Saskatchewan, we are the ones to turn to.

OUR VALUES

Excellence
We take the most precise, concise, consistent approach when getting things done.

Ethics
We treat people with respect and interest, tailoring our interactions with them.

Accountability At All Levels
We do what we say we are going to do.

Confidentiality
We are entrusted with information that becomes our business and we keep it our business.

Loyalty
We are loyal to our customers and each other.

Trustworthy
People experience us as genuine, authentic and real.

Collaboration
We continuously teach and learn from each other.

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Creamy sauce dresses up meat

This mouth-watering dish takes no time at all to prepare and the reward is delicious!

The pink peppercorn crust is complimented so well by the creamy, cheesy Canadian Cambozola sauce.

This one is sure to please your family, guests or even just yourself.

Ingredients

- 2 strip loin steaks, each about 8 oz (250 g)
- 2 cloves garlic, grated
- 1 tbsp (15 ml) olive oil
- 2 tsp (10 ml) Worcestershire sauce
- 1 tsp (5 ml) dried thyme
- 1 1/2 tbsp (22 ml) pink peppercorns, crushed and divided

Creamy Cambozola Sauce

- 1 1/2 tbsp (22 ml) unsalted butter
- 1 clove garlic, minced
- 1/2 cup (125 ml) 35% whipping cream
- 1/4 lb (125 g) Canadian Cambozola, Gorgonzola or Blue cheese, crumbled
- 1 tsp (5 ml) grated lemon zest

1. Bring steaks to room temperature, about 20 minutes. Pre-heat barbecue to medium-high heat.

2. In a small bowl whisk together garlic, olive oil, Worcestershire sauce and thyme. Brush steaks with marinade and firmly coat with the peppercorns reserving a 1/2 tsp (2 ml) to garnish sauce.

3. Place steaks on a greased grill in the centre (to allow even heat circulation). Grill covered, turning once, until steaks are medium-rare, about 8 minutes or until desired doneness. Transfer to a cutting board and let steaks stand 6 minutes before slicing or plating.

4. Creamy Cambozola Sauce: Meanwhile, heat a small saucepan on medium heat; melt butter. Add garlic, cook for 1 minute or until fragrant. Add cream and reduce by half, about 4 to 5 minutes. Slowly, whisk in cheese until pieces melt. Stir in lemon zest.

5. Serve sauce on the side or on top of a portion of the steak and garnish with remaining peppercorns. **CHEF DEVAN RAJKUMAR/ DAIRY FARMERS OF CANADA**

Grilled Pink Peppercorn Steak with Creamy Cambozola Sauce

This recipe serves two to four people. DAIRY FARMERS OF CANADA

For your phone

Grill-It! (iPad/ iPhone/Android; $.99/ $1.99/$.99)

MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

With new ideas for all types of meats, veggies, marinades, and burgers, this often-updated recipe collection will introduce you to plank grilling, brisket smoking, fried ravioli, and gourmet BBQ pizza.

New York steak of mind

Although this New York Strip Steak recipe calls for the steak to stand at room temperature, some barbecuing experts say this makes no perceptible difference to the grilling process and is not advised from a food safety standpoint.

1. Lightly brush steaks on both sides with oil and season with salt and pepper. Let stand at room temperature 15 to 30 minutes before grilling.

2. Prepare grill for direct cooking over high heat — 230 to 290 C (450 to 550 F).

3. Combine cheese and basil.

4. Sear steaks on one side over direct high heat, with lid closed, for 3 to 4 minutes. Turn steaks over and generously coat top of each steak with cheese and basil mixture. Close lid and continue grilling until cheese is melted and steaks are cooked to desired doneness, 3 to 4 minutes more for medium rare. Remove from grill and let rest for 3 to 5 minutes.

5. Meanwhile, in a saucepan over medium heat, combine butter and garlic and heat until butter is melted and garlic is sizzling, about 3 minutes. Remove from heat. Spoon garlic butter over steaks and serve immediately.

THE CANADIAN PRESS/WEBER'S NEW REAL GRILLING BY JAMIE PURVIANCE (WEBER-STEPHEN PRODUCTS)

New York Strip Steaks With Parmesan-Basil Crust and Garlic Butter

This recipe serves four. THE CANADIAN PRESS H/O

Ingredients

- 4 New York strip steaks, each 285 to 340 g (10 to 12 oz) and about 2.5 cm (1 inch) thick, trimmed of excess fat
- 15 ml (1 tbsp) extra-virgin olive oil
- 7 ml (1 1/2 tsp) kosher salt
- 5 ml (1 tsp) black pepper
- 250 ml (1 cup) freshly grated Parmigiano-Reggiano cheese
- 30 ml (2 tbsp) finely chopped fresh basil leaves
- 50 ml (1/4 cup) unsalted butter
- 2 medium garlic cloves, minced

Dinner. Beef Round Steak Done Right

1. In bowl, combine steak sauce, garlic, mustard and onions. Place half in large resealable freezer bag. Cover remaining sauce and set aside in fridge. (Use half reserved sauce to baste and rest to dip.)

2. Pierce steak all over; add to bag and refrigerate for 8 or up to 12 hours. Discard marinade. Pat steak dry with paper towel; season with salt and pepper.

3. Grill over medium-high heat, brushing with reserved basting sauce, 8 minutes per side for medium-rare (digital instant-read thermometer inserted into centre reads 60 C/140 F).

4. Transfer the steak to cutting board, cover loosely with foil and let stand 5 minutes before carving on angle into slices. Serve with dipping sauce.

THE CANADIAN PRESS/ CANADA BEEF INC.

Ingredients

- 250 ml (1 cup) steak sauce
- 2 cloves garlic, minced
- 15 ml (1 tbsp) Dijon mustard
- 2 green onions, thinly sliced
- 1 kg (2 lb) inside or outside round steak, 4 cm (1 1/2 inches) thick
- Salt and pepper, to taste

Bruins doing their part to help heal heartache

NHL playoffs. Cup run helping city get past hurt from attack at Boston Marathon

They have come to wave flags or meet players or just appear on the video screen, invariably to standing ovations, during the Boston Bruins' run to the Stanley Cup final.

Many are in wheelchairs, some are in uniform, and others have been honoured on behalf of those who couldn't make it at all.

As the Bruins attempt to win the NHL championship, they have shared the spotlight with the victims and first responders from the Boston Marathon bombings, using them as "Fan Banner Captains."

The Bruins are hoping a cup can contribute to the healing.

"I think we can help, in probably a large way," Bruins coach Claude Julien said this week after the Stanley Cup final returned to Boston for Games 3 and 4. "Everybody is looking right now for something to cheer about, smile about.

"I guess it doesn't fix the things or the people that have been lost. That will never be fixed. At the same time you have to try to heal."

Two bombs exploded at the Boston Marathon finish line on April 15, killing three people and injuring hundreds more. The Bruins, who had been scheduled to play that night, postponed that game but returned two days later with an emotional pre-game ceremony and a gritty overtime loss that clinched a berth in the playoffs.

Since then, an organization that has long had a close relationship with the military and first responders has brought in those affected by the bombings — doctors, police and EMTs, along with marathon volunteers, runners and spectators.

"You do what you can, obviously, to lift people's spirits," Bruins forward Milan Lucic said. "I remember how the city was and reacted to all of that, and it wasn't a good feeling at all. At the end of the day, you know, we're fortunate to be living our dream to be playing a game.

"Having this to try to take people's minds off things is something that's cool to be a part of, and that's what we talked about before."

Before Game 4 of the Stanley Cup final on Wednesday night, an ad on the scoreboard asked fans to contribute to the One Fund, the charity established to help the bombing victims. Marc Fucarile, the last of 31 bombing victims treated at Massachusetts General Hospital to be released, was invited onto the ice to wave a banner that said "Boston Strong."

THE ASSOCIATED PRESS

Hope in hockey

"With everything that's gone on in the city, there'd be nothing more they deserve than a big win by us."
Bruins forward Milan Lucic

Go to metronews.ca for coverage of Wednesday night's Stanley Cup final Game 4.

Marc Fucarile, who was injured in the Boston Marathon bombings, waves a "Boston Strong" flag prior to Game 4 of the Stanley Cup final between the Chicago Blackhawks and Boston Bruins on Wednesday night at TD Garden.
ELSA/GETTY IMAGES

Collector grabs over $500K for Gretzky gear

Wayne Gretzky memorabilia collector Shawn Chaulk. THE CANADIAN PRESS

The Wayne Gretzky of Wayne Gretzky collectors has netted big bucks for old pucks after an auction of some of his choicest memorabilia closed Wednesday.

Shawn Chaulk, a construction contractor from Fort McMurray, Alta., received more than $500,000 for a collection of jerseys, skates, helmets, gloves and pucks used in action by the Great One.

About $350,000 came from one item alone — the jersey Gretzky wore in the 1986-87 season when he scored his 500th NHL goal and won the Stanley Cup with the Edmonton Oilers.

Chaulk said those deals may be dwarfed by those yet to come, as private buyers sniff around what's left of what was probably the greatest Gretzky collection ever assembled.

"While we were busy auctioning this group of stuff out the front door, there was a line-up of people knocking on the back door looking for private deals," said Chaulk. "In one single transaction this week, I sold a group of five items for over $100,000."

Chaulk, a 45-year-old quick-to-smile former Newfoundlander, had amassed a collection that made grown men weak in the knees — memorabilia from the world's best player from the sport's last great dynasty.

THE CANADIAN PRESS

CFL

Riders take chance on Stephenson

It didn't take Daryl Stephenson long to land with another CFL team.

The former Hec Crighton Trophy-winning running back signed Wednesday with the Saskatchewan Roughriders after being released earlier this week by the Hamilton Tiger-Cats.

The six-foot-two, 225-pounder from London, Ont., spent two seasons with Hamilton.

The six-year CFL veteran was selected in the third round, No. 15 overall, by Winnipeg in the 2008 CFL draft after playing at the University of Windsor.

The Riders also released receiver Jonelle Tolbert.

THE CANADIAN PRESS

NHL

Red Wings getting $650M new rink

The Detroit Red Wings and city officials on Wednesday announced a $650-million plan for a new arena development for the NHL team in Detroit's downtown entertainment and sports district.

Plans for the 18,000-seat arena were announced Wednesday at a meeting of economic development officials to approve the deal. Red Wings owner Mike Ilitch has long said he wanted a replacement for the 32-year-old Joe Louis Arena.

The team said there will be $367 million in private investment and $283 million in public funds in the complex, which would also include residential, retail and office space. THE ASSOCIATED PRESS

NBA

Casey's job safe with the Raptors

Dwane Casey will remain the Toronto Raptors head coach.

New Raptors general manager Masai Ujiri said Wednesday that Casey will be back with the Raptors for the upcoming season. THE CANADIAN PRESS

LeBron James of the Heat dunks the ball during Game 6 of the NBA finals on Tuesday in Miami. James led the Heat to a 103-100 win to force Game 7.
WILFREDO LEE/THE ASSOCIATED PRESS

‘I want to go down as one of the greatest’

NBA finals. LeBron welcomes Game 7 pressure in leading Heat to title repeat

LeBron James could not sleep after Game 6.

Imagine, then, how frayed his emotions will be going into Game 7.

So much is at stake. Legacies, for so many players, James included. The NBA championship. Whether the season was a success or a bust. How he will be portrayed over the next few months. How history will judge a Miami Heat team that won 27 straight games in one stretch, 66 games in the regular season and now 81 games overall.

Although the Heat will insist otherwise, the common belief is that it all hinges on James’ shoulders. And the four-time NBA MVP wouldn’t have it any other way when his Heat take on the San Antonio Spurs in Game 7 of the NBA finals on Thursday night.

“I want to go down as one of the greatest. I want our team to go down as one of the greatest teams. And we have an opportunity to do that,” James said. “Hasn’t been many teams to win back-to-back championships. It’s so hard. It’s the hardest thing. I said last year it was the hardest thing I’ve ever done, winning my first. Last year don’t even come close to what we’ve gone through in this post-season and in these finals.”

James was so weary afterward that he had trouble pulling himself up from the chair where he conducted postgame interviews. But on Wednesday, even after a night of no sleep — “everything goes through your mind after a game,” he said — James said he was already feeling more spry than he was the night before. More rest, more treatment, some time at home with family and friends and a scheduled 9 p.m. date to watch SpongeBob with his kids — James figured that was the right formula to get ready for Game 7.

His second ring is 48 minutes away. If it comes, it will be earned.

“First of all, I’m blessed, man. I don’t even know how I got here,” James said. “I wasn’t supposed to be in the NBA, if you go by statistics and things of me growing up where I grew up. Every time I go into my locker-room and see the ‘James’ on the back of an NBA jersey, I’m like, ‘Wow.’ No criticism can deter me from playing this game because of that. I’m not supposed to be here.”
THE ASSOCIATED PRESS

Wade’s knee will ‘be fine’ for Game 7

Dwyane Wade of the Miami Heat says he woke up with swelling and stiffness in his left knee on Wednesday, one day after getting hit in Game 6 of the NBA finals against San Antonio.

- Wade missed the start of the second half of Game 6 while getting treatment, then returned. He has no doubt that he will play in Game 7 on Thursday, when the Heat and Spurs will decide this season’s NBA champion.
- Wade says that with just one game left, “you muster it up, you give it. So I’ll be fine.”

Tennis

Milos misfires on eve of Wimbledon

It wasn’t quite the Wimbledon warm-up Canadian Milos Raonic was hoping for.

The top seed from Thornhill, Ont., dropped his second-round match Wednesday at the Eastbourne grass-court tournament, falling 6-2, 7-6 (7) to Croatian Ivan Dodig.

The Eastbourne event also wasn’t kind to Toronto’s Daniel Nestor, who earlier lost his first-round doubles event with Swedish partner Robert Lindstedt.

Raonic will open Wimbledon next week as the men’s 17th seed but heads to the All England Club badly lacking in grass confidence.

“I couldn’t have started in a worse way. I think I missed four backhands to start off the match,” said Raonic. “I had break chances and then lost my serve easily again.

Raonic lost his first-round match on grass last week an event in Halle, Germany, and immediately applied for a wild-card entry into Eastbourne. He was installed as the top seed based upon his No. 15 ATP world ranking. THE CANADIAN PRESS

A friendly little challenge

Christine Sinclair of Burnaby, B.C., and Germany’s Lena Goessling, right, challenge for the ball during an international friendly soccer match on Wednesday in Paderborn, Germany. Germany defeated Canada 1-0 on a 53rd-minute goal from Leonie Maier and outshot Canada 8-2. MARTIN MEISSNER/THE ASSOCIATED PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	44	29	.603	—
Baltimore	42	31	.575	2
New York	39	31	.557	3½
Tampa Bay	36	35	.507	7
Toronto	**34**	**36**	**.486**	**8¾**

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	39	31	.557	—
Cleveland	35	35	.500	4
Kansas City	34	35	.493	4½
Minnesota	31	36	.463	6½
Chicago	29	39	.426	9

WEST DIVISION

	W	L	Pct	GB
Oakland	43	30	.589	—
Texas	39	32	.549	3
Seattle	32	40	.444	10½
Los Angeles	31	40	.437	11
Houston	27	45	.375	15½

Wednesday’s results
Baltimore 13 Detroit 3
N.Y. Yankees 6- L.A. Dodgers 4- (DH)
Kansas City at Cleveland
Colorado at **Toronto**
Tampa Bay at Boston
Oakland at Texas
Milwaukee at Houston
Chicago White Sox at Minnesota
Seattle at L.A. Angels
Thursday’s games
All times Eastern
Chicago White Sox (Danks 1-3) at Minnesota (Diamond 4-6), 1:10 p.m.
Oakland (Griffin 5-6) at Texas (Lindblom 0-2), 2:05 p.m.
Milwaukee (Gallardo 6-6) at Houston (Harrell 5-7), 2:10 p.m.
Tampa Bay (Moore 8-3) at N.Y. Yankees (Pettitte 5-4), 7:05 p.m.
Boston (Lackey 4-5) at Detroit (Alvarez 1-0), 7:08 p.m.
Seattle (Hernandez 8-4) at L.A. Angels (Hanson 4-2), 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	42	30	.583	—
Philadelphia	35	37	.486	7
Washington	34	36	.486	7
New York	27	40	.403	12½
Miami	22	49	.310	19½

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	45	26	.634	—
Cincinnati	43	29	.597	2½
Pittsburgh	42	29	.592	3
Chicago	29	40	.420	15
Milwaukee	28	41	.406	16

WEST DIVISION

	W	L	Pct	GB
Arizona	39	33	.542	—
San Francisco	37	34	.521	1½
Colorado	37	35	.514	2
San Diego	36	36	.500	3
Los Angeles	29	40	.420	8½

Wednesday’s results
San Francisco 4 San Diego 2
Arizona 3 Miami 1
Washington at Philadelphia
Pittsburgh at Cincinnati
N.Y. Mets at Atlanta
Chicago Cubs at St. Louis
Tuesday’s results
San Francisco 5 San Diego 4
Philadelphia 4 Washington 2
Arizona 3 Miami 2
Chicago Cubs 4 St. Louis 2
N.Y. Mets 4 Atlanta 3
N.Y. Mets 6 Atlanta 1
Pittsburgh 4 Cincinnati 0
Thursday’s games
All times Eastern
Pittsburgh (Cumpton 0-0) at Cincinnati (Bailey 4-5), 12:35 p.m.
Colorado (Oswalt 0-0) at Washington (Zimmermann 9-3), 7:05 p.m.
N.Y. Mets (Niese 3-6) at Atlanta (Minor 8-2), 7:10 p.m.
Chicago Cubs (Feldman 6-5) at St. Louis (Lynn 9-1), 8:15 p.m.
L.A. Dodgers (Fife 1-2) at San Diego (Marquis 9-2), 10:10 p.m.
Miami (Koehler 0-5) at San Francisco (Gaudin 2-1), 10:15 p.m.

NHL PLAYOFFS

STANLEY CUP FINAL

(Best-of-7 series; All times Eastern)

CHICAGO (1) VS. BOSTON (4)
(Boston leads 2-1)
Wednesday’s result
Chicago at Boston
Saturday’s game
Boston at Chicago, 8 p.m.
Monday’s game
x-Chicago at Boston, 8 p.m.
Wednesday, June 26
x-Boston at Chicago, 8 p.m.
x — if necessary.

SCORING LEADERS

	G	A	Pt
Krejci, Bos	9	14	23
Horton, Bos	7	11	18
Lucic, Bos	5	11	16
Malkin, Pit	4	12	16
Letang, Pit	3	13	16
Sharp, Chi	9	6	15
Hossa, Chi	7	8	15
Crosby, Pit	7	8	15
Kane, Chi	6	9	15
Bickell, Chi	8	5	13
Bergeron, Bos	7	6	13
Voynov, LA	6	7	13
Carter, LA	6	7	13
Marchand, Bos	4	9	13
Iginla, Pit	4	8	12
Zetterberg, Det	4	8	12
Pavelski, SJ	4	8	12
Richards, LA	3	9	12
Chara, Bos	2	10	12
Brassard, NYR	2	10	12
Dupuis, Pit	7	4	11
Couture, SJ	5	6	11

Wednesday’s game not included

NBA PLAYOFFS

FINAL

(Best-of-7 series)

MIAMI (1) VS SAN ANTONIO (2)
(Series tied 3-3)
Tuesday’s result
Miami 103 San Antonio 100 (OT)
Thursday’s game
San Antonio at Miami, 9 p.m., EDT

Horoscopes

♈ Aries
March 21 - April 20
Your reaction when confronted by an obstacle is to kick it out of the way, but you must be more subtle today. You should also try to remember that other people's feelings are not always as robust as your own.

♉ Taurus
April 21 - May 21
The best way to deal with a problem is pretend it doesn't exist. The more you focus on negative things, the more likely it is they will keep going wrong. "Positive thinking" is more than just a slogan.

♊ Gemini
May 22 - June 21
There are far too many distractions in your life and if you want to move ahead in areas that are really important to you then you need to cut back quite ruthlessly on activities.

♋ Cancer
June 22 - July 23
The Sun moves into your sign tomorrow and a new solar year begins, making this the ideal day to look back over the past 12 months. Whatever mistakes you made, forgive yourself and move on.

♌ Leo
July 24 - Aug. 23
You may appear open and outgoing to the world at large but you have secrets like everyone else. One secret is likely to be revealed over the next few days. Pretend you don't care.

♍ Virgo
Aug. 24 - Sept. 23
If you have not finished a project of some time by now, it might be best to forget about it. That is the message of the stars today and while it may sound a bit negative, it's not.

♎ Libra
Sept. 24 - Oct. 23
When the Sun crosses the career angle of your chart tomorrow, you must turn your attention to your reputation. Could it be better? Yes, it could. You must identify how.

♏ Scorpio
Oct. 24 - Nov. 22
In recent weeks it seems you have been cruising on autopilot but that will change with the Sun's change of signs tomorrow. Suddenly you will be more alive again. Suddenly you will be back in control.

♐ Sagittarius
Nov. 23 - Dec. 21
Try to get your point of view across in a calm way. It will help if you are clear in what exactly it is you want to say. Make that your priority today then speak up tomorrow.

♑ Capricorn
Dec. 22 - Jan. 20
Try to help others because the good deeds you do for them now will come back to you over the next few weeks. Above all, remember you can't always have things your own way. You have to give ground.

♒ Aquarius
Jan. 21 - Feb. 19
There is no need to apologize for things that are not your responsibility. Someone you live or work with will try to shift the blame for a failure of some kind on to you today but you must have none of it.

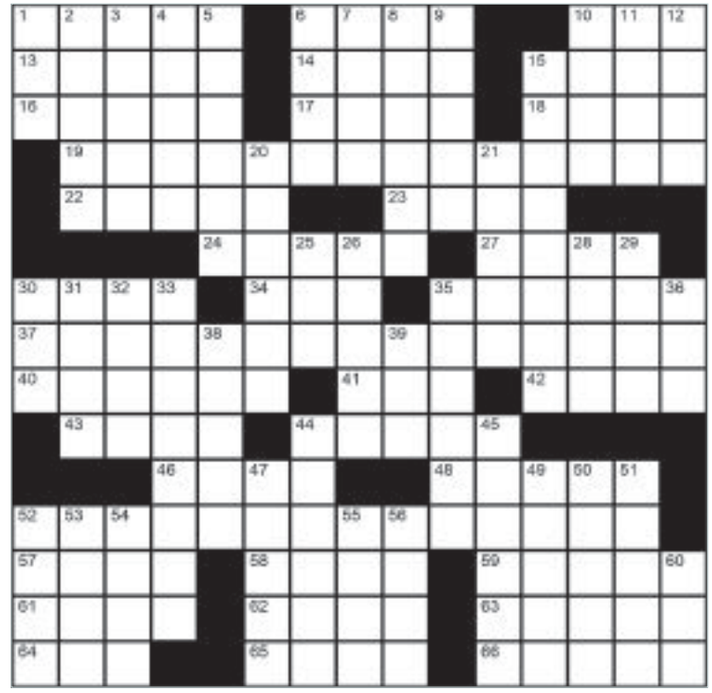
♓ Pisces
Feb. 20 - March 20
The worries of the past few weeks will begin to fade today and once the Sun moves into the most dynamic area of your chart tomorrow they should disappear altogether.

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

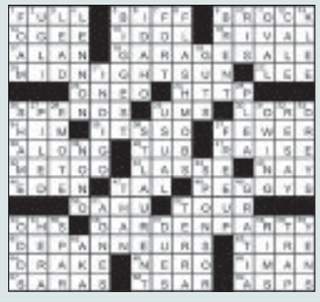
BY KELLY ANN BUCHANAN



Across
1. Group ruled by Odin
6. Labyrinth
10. Eye logo TV network
13. Apt
14. "Jeopardy!" host Mr. Trebek
15. Aching
16. Pub serving sizes
17. Type of tide
18. Applaud
19. Jumbo, the world famous __ __, died in 1885 when hit by a train in St. Thomas, Ontario. There is a life-size statue there in his honour.
22. Thoroughly search or examine
23. Assortment
24. Ancient land
27. Some soil
30. Q-Tip, for one
34. Shoe width size
35. Rotten
37. DND = Department of __ __
40. "Let's __ a day.": 2 wds.
41. Unit of weight
42. Film holder
43. Ottawa's Parliament __
44. Tie type
46. Genuine
48. Dock
52. It's the 'kind the drugstores sell' in Gordon Lightfoot's song: 2 wds.
57. Alanis Morissette's "__ _ Really Want"
58. Drifting
59. Become a green-to-yellow banana
61. Earring kind
62. Sketch, as in comedy
63. Like hosiery or mascara, maybe: 2 wds.
64. Clothe
65. Healthy
66. Zzzzz ...loudly!

Down
1. iPhone download
2. Actor Mr. Bana's
3. Kind of boom
4. Brief beginning
5. Save
6. Provides with staff
7. Sailor's sheltered side
8. Extremist
9. Officially kick out
10. Pop
11. Certain cereal
12. __-Iles, QC
15. Bluenose II, for one
20. "Hurry!" meaning
21. Rice dish
25. Thumbs-up vote
26. Pounds, as hail
28. Dermatologist patient's concern
29. House critters
30. Canadian engineering group, _ _ _-Lavalin
31. Cr-yying sound
32. Mythical Hun king
33. Northwest Coast artist, b.1920 - d.1998, whose work includes the Haida creation myth sculpture Raven and the First Men: 2 wds.
35. Fame
36. Benicio Toro link
38. Wayne Gretzky, once
39. Grumpy's co-worker
44. Yukon neighbour
45. "The Path of __ (Terms)" by Sarah McLachlan
47. Embarrass
49. Airplane: French
50. Artwork like the original, informally
51. Flower: French
52. Former
53. Choir voice
54. Promote
55. Put a 'roof' on a room
56. Pippa's royal sister
60. SSW's opposite direction

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

1	4	5	7	6	3	9	8	2
2	6	8	5	9	4	1	3	7
3	9	7	8	1	2	4	6	5
6	5	1	2	7	9	8	4	3
4	3	9	6	5	8	2	7	1
8	7	2	3	4	1	6	5	9
9	2	3	4	8	7	5	1	6
5	1	4	9	3	6	7	2	8
7	8	6	1	2	5	3	9	4

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